

Finding Your Powerful Voice

“The natural voice is transparent, it reveals, not describes,
...The person is heard, not the person’s voice.” – Kristin Linklater

What is “Finding Your Voice” about? This 2-day workshop is about empowering, inspiring, and training people to find their own voice that is bigger than they may fully realize:

- Finding Your Stage and Stepping Into The Spotlight
- Speaking From The Heart and Being Heard
- Speaking Your Truth
- Discovering Your Essence and Speaking It!
- Connecting to The True Meaning of Your Message
- Creating Impact and Speaking Your Truth
- Being Heard When The World Is Noisy
- Unleashing Your Power and Impact
- Finding Your Authentic Voice

Do you sometimes feel like what you want to communicate is just trapped inside? Do you wish you could effectively deliver to the world your most powerful message of whom you truly are, your passion, your life purpose, and create a community of like-hearted people?

“Tensions acquired through living in this world, as well as defenses, inhibitions, and negative reactions to environmental influences, often diminish the efficiency of the natural voice to the point of distorted communication.”

Don’t miss this opportunity to taste something different and highly applicable to anyone who leads organizations, gives presentations or does public speaking. Called “Finding your voice”, this workshop is offering powerful tools that will serve you forever.

The facilitators Meghan McCall, an opera singer, actor, voice expert, voice coach and Leonid Frolov, a life and leadership coach, and an actor took a very unique approach. You’ll learn the science behind creating a sound and how your human body is, itself, an instrument of self-expression, presence and how you are perceived. You’re sure to experience a greater awareness of your own presence and how to listen to others from a more informed perspective.



The “Washington Post” has described American soprano and actress Meghan McCall as having “bell-like clarity and fine control” and “a radiant full-bodied voice”.

Ms. McCall has earned her BA in Music Literature from Northeastern University and her MM from The University of Maryland Opera Studio. Directly after her graduation she was invited to join the Opera Lafayette Young Artist Program.

Ms. McCall has performed many standard operatic roles as well as new works on many operatic stages to include Carnegie Hall in New York and The Kennedy Center in Washington. She also has been teaching voice throughout her career.



Leonid Frolov, CPCC, is a highly sought after coach, trainer and leadership facilitator.

Leonid holds a Certified Professional Co-Active Coach (CPCC) certification through The Coaches Training Institute (CTI), and is a graduate of their Leadership program in Sitges, Spain. In addition to his private practice, Leonid serves as a member of the certification faculty at CTI.

Leonid is an engaging public speaker who brings his own rich life experience to his audience. His involvement with language and literature has given him a deep appreciation for the art of storytelling.

Dates: November 20 – 21
(Friday and Saturday), 2015
Address: Office 315 at
Pinnacle building, al Barsha
Price: \$565
Early bird (registration before
November 1) - \$525

Limited number of participants – 15.

Please register by paying via
bank transfer. For transfer
details please e-mail Leonid
Frolov:
lfrolov@me.com
Telephone: +1-571-201-1736

Or to Caroline Gasc in Dubai:
caroline.gasc@gmail.com
Telephone: 050-451-4643

Testimonials from the previous workshop “Find Your Voice” in Washington DC (USA) and Dubai (UAE):

“The synergy, energy and collaborative effort that the two of you share are remarkable. You together are a force to be reckoned with and the manner in which the two of you danced was beautiful to watch and be a part of... You have created a very unique one-of-kind workshop that I'd guess in confidence that no one else is doing anything even remotely similar.”

- Kevin Norris, Public Speaker

“Creativity and a lot of fun! Meghan and Leonid invite a rich conversation of the voice through scientific and metaphoric discussion and activities. Learning how I can physically use my voice to great effect and working with the significance of voice and range as a coach I walked away with new valuable insight and tools that I can put to work right away.”

- David Andrews, Executive and Leadership Coach

“You will be happy to know that last Monday after attending your workshop, I had to represent my company in a benchmarking forum and present some of our best practices against other companies. The outcome? People loved my presentation and asked lots of questions that showed their interest. My presentation has been rated the highest score and we won!!!”

- Mona AlHebsi